



Republic of Namibia
Ministry of Health and Social Services



THE PATH TOWARDS A FUTURE WITHOUT CERVICAL CANCER

HPV vaccination, combined with regular screening is a proven way to prevent cervical cancer. In Namibia, the HPV vaccine is already available in the private sector, and the government has made it accessible to all girls aged 9-14 year old.

OUR COMMITMENT

All vaccines are **voluntary**.

The Ministry of Health and Social Services (MoHSS), in collaboration with the Ministry of Education, Innovation, Youth, Sport, Arts, and Culture, will conduct awareness campaigns to ensure everyone understands the benefits and safety of the HPV vaccine before vaccination begins.

WHAT IS HPV?

Human papillomavirus (HPV) is a common sexually transmitted virus. Most people who contract the infection do not experience symptoms. However, high-risk types of HPV can lead to cervical cancer.

HOW IS HPV TRANSMITTED?

- HPV can be transmitted through sexual activity.
- Condoms help prevent HPV, but do not offer total protection because they do not cover all the genital skin.
- Vaccination provides the best protection against HPV.

WHO IS AT RISK?

Anyone who is sexually active is at risk of getting HPV

WHAT IS THE HPV VACCINE?

- The HPV vaccine is the vaccine that protects you against HPV.
- HPV vaccine is safe and effective!

HOW DOES THE VACCINE WORK?

HPV vaccine protects you from HPV before exposure, but it does not treat existing infection.

WHO SHOULD GET VACCINATED?

- The HPV vaccine is recommended for girls aged 9-14 years.
- It is also recommended for people living with HIV

HOW MANY DOSES ARE NEEDED?

- 1 Dose protects you for life.
- 2 doses for people with a weak immune system for example people living with HIV.

HPV VACCINE SIDE EFFECTS

- Many people who get the HPV vaccine have no side effects at all.
- Sometimes you may experience mild side effects such as Pain, redness, or swelling in the arm where the shot was given.
- Fever.
- Headache or feeling tired.
- Nausea.
- Muscle or joint pain

FURTHER INFORMATION AND RESOURCES

Talk to your health worker at the nearest health facility

OR



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SCAN HERE



Understanding the HPV Vaccine: Protection Today, Prevention Tomorrow.